

Golden Paste



Directions to make

- 🐾 Mix the turmeric with the water in a pan
- 🐾 Stir the liquid on a medium/low heat for 5-7 minutes
- 🐾 Once thickened in a paste like state, add the pepper and coconut oil
- 🐾 Place into a suitable air tight container or jar **or** freeze into cubes
- 🐾 Add ¼ tsp of paste per 10lbs of your dog's body weight

Ingredients

½ cup organic Turmeric powder
1 cup water
¼ cup organic, unrefined coconut oil
1 ½ tsp freshly ground black pepper

Benefits of Golden Paste...

- **A natural Anti-inflammatory, great for joint issues such as arthritis**
- **Detoxifier**
- **Helps gastro issues by increasing enzymes of the pancreas which aids digestion**
- **Antioxidant**
- **Pain reliever**
- **Can be used as an Antiseptic**
- **Helps aids bacterial infections**
- **Increases heart and circulatory function**



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